

Kinetic Energy Alive Dance School Health and Safety Protocol

- 1) Students will be required to book and register their spot in advance for group classes and private lessons etc. We are not doing drop-ins for the Fall 2020 season.
- 2) Students are asked to follow our guidelines with the utmost care and diligence as it affects their safety, other dancer's safety, and that of all our loved ones.
- 3) All families will be asked to sign a waiver agreeing to follow all safety guidelines. This waiver releases the studio of any liability and is proof that we complied with the state mandated COVID-19 prevention guidelines and that we have done our part to protect our students and their families.
- 4) Only essential personal items that support dance activity for students will be allowed in the studios. We ask students to PLEASE not bring any book bags, extra clothing, instruments, etc. into the studios. *(for example: the only things a dancer needs is cotton socks for contemporary, indoor sneakers for hip hop, ballet slippers for ballet, a water bottle, an extra sweater and a hair tie etc)*
- 5) Before Entry into dance studios:
 - A. All family members and dancers are asked to wear face masks at all times upon leaving their vehicle.
 - B. Dancers must wear face masks at all times during dance classes.
 - C. We HIGHLY ENCOURAGE all parents to remain outside of the studio and building. We understand as the months get colder this may be a bit more challenging, but we can assure you, the less people in the building the safer it is for all. Young children who require assistance into the studio may be accompanied by their parent. Parents entering the building must follow all procedures to sanitize, have temperature checked and wear face masks
 - D. Upon entering the building:
 - Students will be asked if they are experiencing any symptoms consistent with COVID-19.
 - Temperature checks and hand sanitizing will be required prior to class
 - Students will then enter by the downstairs bathroom door, wash hands, place all non-essential personal items (AGAIN please leave any non essential items in your cars, but if you have to take something in you may place it in the upstairs room by the second bathroom then please sanitize again)
 - Students will wash hands if needed again, then proceed to either studio 1, 2 or 3 for class.
 - E. All shoes are to be left outside the studios. Dancers MUST bring indoor shoes for hip hop. If they do not, they will not be allowed to wear their outdoor shoes in the studio even if they want to wash them off.
 - F. Students are required to wear face masks during classes (breaks will be given for students to step outside and remove their masks while practicing proper physical distancing)
 - G. Students will sanitize after any floor work and before leaving the studio to go home.
- 6) Students will continue to be required to call and cancel private lessons with 24 hour notice. Lesson fees will be due for any lessons not cancelled with proper notice.

Release of Liability and Waiver:
Consent to Participate During COVID-19 Global Health Pandemic

I knowingly and willingly consent to have my child participate in programs with Kinetic Energy Alive Dance Productions during the global COVID-19 pandemic. I understand the COVID-19 virus has a long incubation period during which carriers of the virus may not show signs and symptoms and still be highly contagious. It is impossible to determine who has it and who does not with the current limits in virus testing.

By sending my child to dance, I confirm that my child and members of my household have not in the past 14 days had any of the following symptoms of COVID-19 listed below:

- Fever greater than 100.4 degrees Fahrenheit
- Cough
- Shortness of Breath
- Flu like symptoms including GI upset, fatigue, body aches, or muscle pain
- Chills or repeated shaking with chills
- Sore Throat
- Headache
- Sudden loss of taste or smell

By sending my child to dance I further confirm that he/she/they has not been exposed to a person under investigation for COVID-19, or a person diagnosed with COVID-19, in 14 days prior to any dance class attended.

I understand that certain travel increases risk of contracting and transmitting the COVID-19 virus. Therefore, I verify that my child, nor anyone in my household, have not traveled outside the United States in the past 14-days to countries that have been affected by COVID-19.

I will hold harmless and indemnify, Kinetic Energy Alive Dance Productions, teachers, associates, and employees against any claims, and actions, in exchange for programs with Kinetic Energy Alive Dance Productions during the Covid-19 pandemic. Please be advised that there may be risks with being in the proximity of other people. We are taking precautions to limit the spread of the disease, and following Maine's Reopening: Mandatory Safety Standards for Workplaces.

I make this decision for my child of my own free will relying upon my knowledge and judgement of any injury they may have sustained or possible illness, including the transmission of COVID-19, during participation in programs, and my decision to release has not been affected by any false statements or representations pertaining to those injuries or illnesses. I understand that this action is my decision.

PLEASE do not send your child to the studio if they, or any member of your household, are experiencing any of the signs and symptoms of COVID-19, as outlined above. This COVID-19 screening and consent to participate will be used each day programs are held. This written consent will be in effect for future classes and programs, **and by sending your child to the studio you are consenting to continued negative responses to COVID-19 signs and symptoms.** If your child or someone in the home has any of the symptoms listed above, they may not attend class at the studio.

By sending your child to the studio, you are consenting to this form, and stating your child and any and all members of the home are not exhibiting any of the signs and symptoms of COVID-19, as outlined above, and any and all members of the home have not been exposed to a person under investigation for COVID-19, or a person diagnosed with COVID-19 in the last 14 days.

Dance Student: _____

Parent Signature _____ Date: _____

Photo Release & Social Media Policy

Photo Release: Kinetic Energy Alive Dance Productions reserves the right to use photographs and videos taken during classes, workshops, performances, or other affiliated events for the purposes of instruction, advertising and promoting Kinetic Energy Alive Dance Productions and its programs. Students, or parents of students who are minors, who do not wish to comply with this policy must notify Kinetic Energy Alive Dance Productions prior to participation in class. Kinetic Energy Alive Dance Productions owns the copyright to all choreography taught at the school.

Dance Student: _____

Parent Signature _____ Date: _____

Release of Liability

I recognize and understand the risks of physical injury inherent to dance and dance training and I fully assume those risks. I hereby release Kinetic Energy Alive Dance Productions, its employees and dance teachers from all liability for injuries sustained or illnesses contracted while attending or participating in any dance classes, rehearsals, workshops, or performances. I agree to indemnify, defend, and hold harmless Kinetic Energy Alive Dance Productions, event sponsors, employees and dance teachers for liabilities, costs and judgments arising from acts of omissions committed by me or my child which result in injury or damage to any person or property. I acknowledge and represent that I have fully informed myself of the content of the waiver and hold harmless agreement by reading it before I sign it, and I understand that I sign this document as my own free act and deed; no oral representations, statements, or inducements, apart from the written statement, have been made. I further state that I am at least eighteen (18) years of age and am fully competent to sign this agreement; and that I execute this release for full, adequate, and complete consideration fully intending to be bound by the same. I further state that there are no health-related reasons or problems which preclude or restrict me or my child's participation in this activity, and that I will pay any medical costs that may be attendant as a result of injury to me or my child.

Dance Student: _____

Parent Signature _____ Date: _____